

# HOSPICE

LENNOX & ADDINGTON

## Hearts and Hands

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Summer 2014

### Kim's Corner

It always amazes me how long winter and how short summer seems to be – this of course coming from a warm weather lover! We have had a busy past few months. Along with providing support to the hospital on a contract service, we are pleased to announce, that as of this September, the Hospice office will be relocated to a suite upstairs at our local hospital. As you all know,



rent and utilities takes a toll on a small organization's budget. This move will provide more financial stability to Hospice L&A allowing us to utilize our hard earned fundraising dollars and grateful

donations to provide high quality services directly to our community. Even though our physical location will change, the Board of Directors, Melanie and myself are all committed to continuing to provide the same reliable support to our community. As we enter into our 25<sup>th</sup> year of supporting our community, our hope is that this partnership will provide the opportunity to enhance services through the sharing of knowledge, expertise and resources. We would like to thank LACGH for the opportunity to decrease our overhead expenses, allowing us to continue to do what we are so passionate about for many years to come.

**This fall, our address will change to:**

Suite 218, L&A County General Hospital  
8 Richmond Park Dr  
Napanea, ON

**Mail:**

PO Box 531  
Napanea, ON  
K7R 3S5

### Board of Directors

Margaret Baldwin, President and Chair  
Jane O'Neill, Vice President  
Wendy Brockmeyer, Treasurer  
Rev. Frank Hamper, Secretary

#### Directors:

Kim Greene  
Marie Fairman

### Volunteers Needed!

Hospice offers essential palliative care and bereavement support to members of the community. If you would like to give back to your community, please consider becoming a Hospice L&A volunteer.

### Palliative Care Course

Offered at LACGH this fall. The course is aimed at health professionals, health caregivers and potential palliative care volunteers. It starts September 10<sup>th</sup> and runs every Wednesday for six weeks.

For more information contact us, or email Michelle Hutchison, Palliative Care Education Coordinator, at:  
michelle.hutchison@se.ccac-ont.ca

## Mel's Message

With the commencement of the Patient and Family Support Program at LACGH and the increase need for our services in our community, it has been a very busy spring and summer. We are currently seeing patients in the palliative care suites, acute care and in the chemo unit, in addition to our clients in the community. We are making a difference. A special thank you goes to our board, our wonderful volunteers, and the community for helping provide our much needed services to more people. Currently we are running an ongoing bereavement



support drop in group, which is a twist on our more traditional support group. So far, it has been well received. In September, there will be a Level 1 Palliative Care Course offered at LACGH, if you or a friend would like to attend, please contact me. On a personal note, I am excited to share that my husband and I have purchased a house, which brings us closer to the community we love! I am so excited to live closer to Napanee. We are looking forward to going away in August to recharge our batteries before the busy fall. I am also looking forward to restarting our volunteer get together meetings in September.

## Bereavement Support Group



Every grief is unique, but you are not alone. Others are where you are, feeling the same pain. This group offers 8 weeks of caring support and allows you to share your losses in a supportive, compassionate and confidential environment. Times TBA.

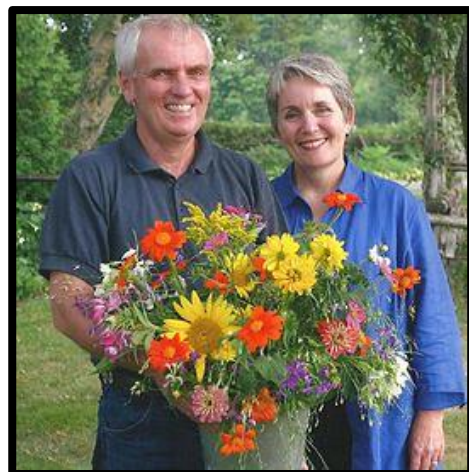
Please call Kim or Melanie for more information.



We are pleased to welcome Hannah Barstow as our **Summer Student** for the second year in a row. Hannah joined Hospice at the end of June. She will return to the University of Toronto in the fall to resume her studies in music. Hannah organized our annual Loonies for Hospice fundraiser; sticky Loonie strips were placed in various banks and businesses around town. Hannah has also been working on promotions for Hospice L&A, including updating our logo and re-branding brochures and posters.

## Avenstone Open Gardens

Peter and Jane Good will once again invite you to visit their beautiful gardens this summer. Please visit and pick a lovely bouquet or two! There is no charge for the bouquets but visitors are encouraged to donate to local Hospices if they so wish. All donations made at Avenstone Open Gardens are given directly to your choice of: Hospice Kingston or Hospice L&A (Douglas Thompson Children's Wish Fund). The garden is open Sundays: August 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup> from 2pm until dusk. Avenstone is located 15 minutes west of Kingston, Ontario. Exit off Hwy 401 onto County Road 4 North. Drive 1km north of the village of Camden East, then 2km east to 393 Bethel Road.



# 10<sup>th</sup> Annual Golf Tournament

We would like to thank all who made our 10<sup>th</sup> Annual Charity Golf Tournament a huge success. A special thank you goes to our wonderful volunteers for their hard work: Michelle Anthony, Margaret Baldwin, Tanya Bell, Sue Bertling, Patti Bilow, Sue Bramburger, Wendy Brockmeyer, Doreen Brummell, Jane & Glen McGarvey, Miranda Moore, Al Mulligan, Michelle Pyatt, Peggy Sunstrum, Dominique VanderLinden & Andy Godin, Marg Werry and Judy & Blaine Williams. Thank you to our all our sponsors and the many businesses and supporters who made donations. A special thank you to TransCanada, Cindy Haggerty of RE/MAX Realty Concepts and Pat Dafoe of The Co-operators.



To Cal and Patsy Dunville and the staff at Briar Fox Golf Club – the course was beautiful and the meal fantastic! Thank you to the golfers who came out to enjoy the gorgeous weather, have some fun and support Hospice Lennox and Addington. We had an awesome day! We made \$13,000, bringing our 10 year total to \$99,000! Your generosity and support is greatly appreciated. All funds will be used to help carry on with palliative care and bereavement support services in our community. THANK YOU SO MUCH!

Dave Pinnell & Jamie Cybulski



## Loonies for Hospice Longest Day of Golf

Thank you to this year's participants:  
BMO • Scotiabank • TD  
Gray's IDA • Country Traditions  
...and everyone who donated!

**We raised \$1045.43!!**

Thank you to Jamie Cybulski and Dave Pinnell Jr. who raised \$4500 in their combined efforts of Trivia Night and the Longest Day of Golf, bringing the three year total to \$9500! We thank everyone who supported these events.

Congratulations to volunteer  
Peggy Sunstrum  
for being inducted into the  
**June Callwood Circle of  
Outstanding Volunteers!**



## Upcoming Events:

- |                    |   |
|--------------------|---|
| September 2014     | Volunteer get-togethers resume                        |
| September 10, 2014 | Palliative Care Course begins                         |
| September 13, 2014 | Drive One for Your Community                          |
| October 29, 2014   | Wine & Cheese Social @ A Touch of Wellness            |
| Winter 2015        | 10 <sup>th</sup> Annual Curling Fun-Spiel             |
| Spring 2015        | Terry Wright Memorial Old-Timers<br>Hockey Tournament |

Find us on **facebook**

## NDCF Grant

The Napanee District Community Foundation has awarded Hospice a \$2400 grant for the purchase of two hospital beds. The beds are available as part of our equipment loan program. Thank you!





**Kawartha Credit Union** donated \$1000 to Hospice L&A as part of their 2014 Community Involvement Program. They also held a fundraising barbecue, raising \$561.10 for Hospice. Thank you!



**McDonald's** donated \$5200 to Hospice from the proceeds of McHappy Day!



## Donations

Donations to and support of Hospice is greatly appreciated. Recent financial support was received from:

Kim Ayling

Lt/Col. Harry Babcock

-RCL Branch 137

Elaine Badgley

Melanie & Adam Bramburger

Wendy & Bob Brockmeyer

Barry & Wendy Butler

Heather Dean

Friendly Manor Nursing Home

Ralph Hudgins

Deb Lowry

Mary Miller

Napanee Lioness Activity

Royal Canadian Legion Branch 631

Ab & Nelda Ryan

D&S Schwan

Marion Wannamaker

Bert & Marg Winter

**Those who donated in memory of Ken Clancey,  
and everyone who supported the following events:**

10<sup>th</sup> Annual Charity Golf Tournament

Longest Day of Golf/Trivia Night 2014

Loonies for Hospice 2014

A TOUCH OF  
*Wellness* invites you to a  
*Wine & Cheese Social*  
in support of Hospice Lennox & Addington  
Wednesday, October 29th • 7-9pm  
\$50/Person

Wine tasting compliments of  
Bergeron Estate Winery  
Evening of conversation and networking  
Chance to win a free spa service  
Raising Awareness for Hospice L&A  
\$40 official tax receipt

*Tickets can be purchased through  
A Touch of Wellness or Hospice Lennox & Addington*



Napanee's **Pringle Ford** will be hosting "Drive One for Your Community" on **September 13<sup>th</sup>**. For every test drive, Ford will contribute \$20 to Hospice L&A! We will be set up at the Home Hardware parking lot from 9am-

# Remembrance Column

**Rev. Des McGrath** - July 19, 1909

Remembered by A&N Ryan and all fishermen worldwide.

**Anita Kinghan** - July 2, 1993

Remembered by friend Peggy Sunstrum.

**Violet Robinson** - July 20, 2008

Remembered by granddaughter Cindy Crowson.

**Michael Barrett** - July 19, 1975

Remembered by Anne Roantree.

**Harold McClelland** - July 1, 1973

Remembered by Joyce and family.

**Isabel Dean** - July 30, 2004

Remembered by daughter Heather.

**James Burns** - July 22, 1999

Remembered by daughter Dianne Dowling.

**Dianne Readman** - July 31, 2010

Remembered by Marie & Don Fairman and family.

**Leonard Fleming** - Aug. 4, 2006

Remembered by Regina, Amber, Jennie, Carina and Fleming Family.

**Helen Marren** - Aug. 4, 1994

Remembered by daughter Marie Fairman and family.

**Margaret Ware** - Aug. 12, 1982

Remembered by daughter Meredith Ware.

**Terry Gray** - Aug. 22, 2008

Remembered by Mom & Dad and Karl & Donna Gayle Gray.

**Margaret Knight** - Aug. 25, 2005

Remembered by Marion & Larry Wannamaker.

**Donald Brooks** - Aug. 27

Remembered by wife Vibeke Brooks.

**Noreen Brennan** - Sept. 18, 1996

Remembered by daughters Darlene, Kurra and Krystal.

**Joanne Casselman** - Sept. 18, 2001

Remembered by daughter Kim Ayling and family.

**Kaye Dunlop** - Sept. 27, 1985 and **Frank Havey** - Sept. 29, 1991

Remembered by Maureen Havey & Liza Blades.

**Leland Wannamaker** - Sept. 29, 1990

Remembered by Larry & Marion Wannamaker.

**Frank Barrett** - Oct. 15, 2001

Remembered by daughter Anne Roantree.

**Lorna Jean Eberle** - Oct. 20, 1998

Remembered by friend Peggy Sunstrum.

**Howard Van Vlack** - Oct. 27, 2008

Remembered by the Van Vlack family.

**Rodney Dove** - Oct. 30, 2004

Remembered by wife Ann Dove.

**Lorna Burns** - Nov. 1, 2010

Remembered by daughter Dianne Dowling.

**Bob Dowling** - Nov. 1, 2010

Remembered by wife Lillian Dowling.

**Shelly Kimmett** - Nov. 2

Remembered by friend Peggy Sunstrum.

**Fred Fry, R.C.A.F. Veteran** - Nov. 11, 2002

Remembered by daughter Jacqueline Smart.

**Wally Inwood** - Nov. 14, 2005

Remembered by Darlene, Kurra & Krystal.

**Bill Martin** - Nov. 20, 2003

Remembered by wife Bev Martin.

**Tim Havey** - Nov. 23, 1975

Remembered by Maureen Havey & Liza Blades.

**Bradley Sinclair** - Nov. 29, 2011

Remembered by wife Paddi Sinclair.

If you have received a hardcopy of this newsletter and wish to receive an electronic colour copy in the future, please provide us with your email address.

## Remembrance Column Submission

Name: \_\_\_\_\_

Phone or Email: \_\_\_\_\_

\_\_\_ I give permission to have my name and the name of my loved one printed in Hospice L&A's newsletter under *Remembrance Column*.

Signature: \_\_\_\_\_

Please feel free to photocopy if more space is needed.  
Submissions can be mailed to or dropped off at our office.

Name of Loved One: \_\_\_\_\_

Relationship: \_\_\_\_\_

Remembered by: \_\_\_\_\_

Anniversary Date: \_\_\_\_\_

## Making a Donation to Hospice Lennox and Addington

### How to make a donation:

**Online:** Please visit [www.canadahelps.org](http://www.canadahelps.org) and search "Hospice Lennox and Addington"

**Email:** Make a secure donation online with interact e-transfer (please use *hospice* as the password). Send to [info@landahospice.ca](mailto:info@landahospice.ca)

**Mail:** We accept cheques made payable to Hospice Lennox and Addington at:

Box 531  
Napanee, ON  
K7R 3S5

**Charitable No.** 89098 5591 RR0001

Donations are tax deductible and receipts will be issued for donations over ten dollars.

I enclose a gift of (please circle): **\$500**   **\$250**   **\$100**   or \$ \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_