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# Hospice Lennox and Addington

# Hearts and Hands

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Spring 2013

## *Peg's Place*



It is with excitement and reflection that I write in this, my last newsletter as ED of Hospice. I will retire on June 21<sup>st</sup>.

During my ten years with Hospice, I have worked with, and met many wonderful and caring people. Thank you to the many families who allowed me into your lives during difficult times. It was indeed an honour and privilege to serve you. Thank you to our volunteers and the Board of Directors for your trust and encouragement. Thank you to our amazing community for your ongoing support. Hospice will always have a special place in my heart. I am looking forward to

retirement where Jim and I can spend time with our grandchildren and travel a little. Have a safe & healthy summer.

*To accomplish great things we must not only act, but also dream; not only plan, but also believe.*

I bid you farewell. *Peggy*

## *Message from the Board Chair*



Margaret Baldwin

It is hard to sum up in a few sentences the wonderful leadership Peggy has contributed to Hospice L&A. Our growth as an agency came from her insight and initiative to meet the needs of our community. We wish her a long and happy retirement.

On behalf of the Board of Directors I would like to welcome Kim Ayling as the new Executive Director of Hospice Lennox & Addington. Kim knows Hospice well and looks forward to new challenges.

Congratulations Kim



Kim Ayling

I would also like to introduce and welcome our new Service Coordinator Melanie McGarvey.

Many of you will know Melanie as she grew up in Napanee. Melanie will work with clients and volunteers and comes to us with a wide range of experience.

Please join me in welcoming Kim & Melanie.

## Golf 2013



**Our 9<sup>th</sup> Annual Golf Tournament** will be held Saturday June 8, 2013 at Briar Fox Club Marysville. If you are a golfer, please join us for a great day. Register, and pay by May 24<sup>th</sup>, and you will be entered into our Early Bird draw for a chance to win \$200 worth of gas cards!



Jamie Cybulski and Dave Pennell Jr. will do the *Longest Day of Golf* on **Wednesday June 19<sup>th</sup>** at the Napanee Golf & Country Club. Last year they played 145 holes before dark. I think they are hoping to beat that this year. You can make donations right on our web site, drop into our office, or see Jamie or Dave. Let's hope it is not as hot a day as last year.



Jamie and Dave hosted Trivia Night at the Napanee Legion in April. It was much fun and laughter. The winning team was Doug Scott's team.



Trivia Night Winning Team

### Hospice AGM

If you are interested in becoming a Hospice Board member, please talk to Kim. Elections to the Board are held at our Annual General Meeting on June 18, 2013. Everyone is welcome to attend. It will be here at the office.

### Mourning Has Broken

Every grief is unique- but you are not alone. Others are where you are, feeling the same pain. This group offers 8 weeks of caring support and allows you to share your losses in a supportive, compassionate, and confidential environment.



The bereavement support group will run again in the fall. Please call Kim for more information.

### Summer Student

Hospice L&A has been approved to hire a summer student through the Canada Summer Jobs program. The student will provide assistance with office duties as well as be responsible for our annual *Loonies for Hospice* Fundraiser.



Watch for the Loonie strips at your local bank this summer.

### Volunteers



Please note: our monthly volunteer get-togethers will be on hold for the summer and will commence again in the fall. Our next gathering will be held on September 24<sup>th</sup>, 2013 from 1-2:30PM

## Our Remembering Column...



*When you lose a loved one, memories become treasures.*

**Grant Badgley**- June 19, 2011. Remembered by wife Elaine & family.

**Rev. Des McGrath**-July 19th 1909-remembered by A.& N Ryan and all fishermen world-wide.

**Anita Kinghan** July 2nd 1993 remembered by friend Peggy Sunstrum.

**Violet Robinson**-July 20th 2008 remembered by granddaughter Cindy Crowson.

**Michael Barrett**- July 19, 1975- remembered by Anne Roantree.

**Harold McClelland**- July 1, 1973, remembered by Joyce & family.

**Isabel Dean** -July 30, 2004- remembered by daughter Heather.

**James Burns** July 22, 1999-remembered by daughter Dianne Dowling.

**Dianne Readman** July 31, 2010- remembered by Marie & Don Fairman & Family.

**Leonard Fleming**- Aug 04, 2006- remembered by Regina, Amber, Jennie, Carina and Fleming Family.

**Helen Marren**-Aug. 4th 1994- remembered by daughter Marie Fairman & Family.

**Margaret Ware**- Aug 12, 1982- remembered by daughter Meredith Ware.

**Terry Gray**- Aug 22, 2008 remembered by Mom & Dad, Karl & Donna Gayle Gray.

**Margaret Knight**, Aug 25, 2005- remembered by Marion & Larry Wannamaker.

**Donald Brooks**- Aug 27 - remembered by wife Vibeke Brooks



Your donations and support of Hospice are greatly appreciated! We could not do it without your financial support  
Recent Donations from:  
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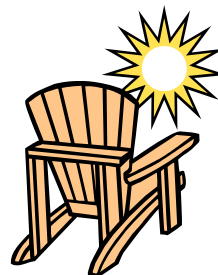
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Wendy & Bob Brockmeyer  
Elaine Badgley

THANK YOU!

### Message from the incoming Executive Director:

I have been with Hospice L&A for the past two years, and am very excited to assume this new position. I am committed to advancing Palliative Care and Bereavement services in our community. I would like to thank our current volunteers for their dedication and support, and extend a welcome to anyone interested in joining our team. Have a great summer!

~ Kim



# Making a Donation to Hospice Lennox & Addington

## How to make a donation:

**ONLINE:** To make a donation online please visit [www.canadahelps.org](http://www.canadahelps.org) and search "Hospice Lennox and Addington"

**EMAIL:** Make a secure donation online with interact e-transfer\*  
[info@landahospice.ca](mailto:info@landahospice.ca)  
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**MAIL:** We can accept cheques made payable to *Hospice L&A* at:  
Box 531,  
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Donations are tax deductible and receipts will be issued for donations over ten dollars.

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