

HOSPICE

LENNOX & ADDINGTON

Hearts and Hands



PO Box 531
Napanea, ON
K7R 3S5
P: 613-354-3301
Ext: 203 (Kim) 205 (Mel)
F: 613-354-1154
info@landahospice.ca
www.landahospice.ca

April 2015

Our Message...

Like many of you we are eagerly awaiting SPRING! In the meantime, we have been very busy here at the office. Demand for our services, in particular our home visiting program and our adult bereavement support, have been steadily increasing.



Over the past 4 years we have experienced a 40% increase in the number of clients we are serving each year! In anticipation of this trend continuing, we are encouraging anyone interested in becoming a hospice volunteer to contact us at the office. We also encourage you to become a hospice donor. Hospice L&A is only partly (approx. 50%) funded by the Ministry of Health. Although the demand for our services is increasing, our funding remains the same. Becoming a donor is easy; you can even set up automatic monthly contributions on the secure www.CanadaHelps.org donation site if you should choose to do so. Our goal is to ensure that everyone in our community receive the support they need.

We would like to take a moment to thank all of our wonderful volunteers! Whether you sit on our Board of Directors, aid with fundraising efforts, promote hospice services, assist with office support or provide direct client care – you make it possible for Hospice Lennox and Addington to provide much needed supports to our community!

Kim Suntrum,
Executive Director

Melanie Bramburger,
Service Coordinator

Board of Directors

Margaret Baldwin, President and Chair
Jane O'Neill, Vice President
Wendy Brockmeyer, Treasurer
Rev. Frank Hamper, Secretary
Marie Fairman, Director

Volunteers!

Hospice offers essential palliative care and bereavement support to members of the community. If you would like to give back to your community, please consider becoming a Hospice L&A volunteer.

Palliative Care Course

We are currently offering our Spring Palliative Care Training Course. This course is being offered in Odessa, and is aimed at volunteers in the Amherstview, Bath and Odessa areas. This offsite course is being sponsored by a grant from The Napanea District Community Foundation.

Please contact us if you are interested in being put on our list for the next course.

HPCO

Hospice Palliative Care Ontario

This month Hospice will be sending two people to the Annual HPCO Conference. Kim Sunstrum, Executive Director and Margaret Baldwin, Board Chair will participate in a variety of interactive workshops. This respected conference sets the standard for academic content, learning and networking opportunities. It is designed to foster learning and provoke conversations about hospice palliative care. The pair will return to Napanee ready to share what they have learned!

The Terry Wright Memorial Hockey Tournament 2015



Each year, this old-timers tournament raises funds for local charities. The true spirit of the tournament is sportsmanship, friendship and remembrance. We have been fortunate enough to have been involved with this great event for 4 years now!

In particular we would like to thank John O'Connor, Bob Moses and convenor Don Duscharme, as well as all of our timekeepers: Wendy, Jack, Liz, Carol Anne, Andy, Dominique and Jane.

Bereavement Support Group



Every grief is unique, but you are not alone. Others are where you are, feeling the same pain.

We routinely offer bereavement support groups. Our group offers 8 weeks of caring support and allows you to share your losses in a supportive, compassionate and confidential environment.

Contact us for more information.

The Hospice L&A Memorial Bonspiel 2015

Our 10th Annual Curling Bonspiel was held on Saturday January 31st, 2015. Moving forward, each year we will remember some of those who have benefited from Hospice services; loved ones that we have lost. This year we remembered Marguerite Murphy and Ken Clancey.



The day was a great success! We raised \$3000 for Hospice Services and had lots of fun along the way!

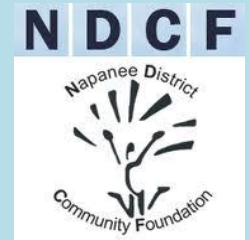


Hospital Bed Loan Program Update

Thanks to the generosity of The Rotary Club of Napanee and the Napanee District Community Foundation we were able to purchase 5 hospital beds last spring.

The beds are loaned, free of charge, to families in need in our community. We have helped over 16 families save over \$12,000 in rental and delivery charges!

We would also like to thank Medigas Kingston for their support of this program.



Community helping Community!

HOSPICE L&A's 11th ANNUAL CHARITY GOLF TOURNAMENT 2015!



11th Annual

GOLF TOURNAMENT

SATURDAY MAY 30th, 2015

Briar Fox Golf & Country Club, Marysville

4 Person Best Ball Scramble

Only \$100 per Person

(Includes: 18 Holes of Golf, Cart, Dinner, Contests, Fantastic Prizes, Silent Auction Table)

EARLY BIRD DRAW: Register, and pay, by May 15th to be entered into a draw for the early bird prize!

To register your team please
Call: 613-354-3301 ext. 203 or
E-mail: kim@landahospice.ca

YES, I WOULD LIKE TO REGISTER A TEAM!

\$100 per Person

(Includes: 18 Holes of Golf, Cart, Dinner, Contests, Fantastic Prizes, Silent Auction Table, Raffle Prizes) ~ 4 Person Best Ball Scramble

TEAM NAME: _____

TEAM CONTACT: _____

PHONE: _____ E-mail: _____

Member 1: _____

\$100 entry \$10 for 3 mulligans Total Due: \$ _____ PAID

Member 2: _____

\$100 entry \$10 for 3 mulligans Total Due: \$ _____ PAID

Member 3: _____

\$100 entry \$10 for 3 mulligans Total Due: \$ _____ PAID

Member 4: _____

\$100 entry \$10 for 3 mulligans Total Due: \$ _____ PAID

EARLY BIRD DRAW: Register, and pay, by May 15th and be entered into a draw for the early bird prize provided by Patricia Dafoe Insurance Agency Inc. – the Co-operators

Upcoming Events:

April 16 th , 2015	Trivia Night – with Jamie Cybulski & Dave Pinnell Jr. LDG kick-off!
April 18 th – 21 st , 2015	Hospice Palliative Care Ontario (HPCO) Conference
May 30 th , 2015	11 th Annual Hospice Golf Tournament
June 16 th , 2015	AGM, followed by Hospice L&A's 25 th Anniversary Celebration Social
June 17 th , 2015	Jamie & Dave's Longest Day of Golf in support of Hospice L&A



Please join
Jamie Cybulski and Dave Pinnell Jr.
for

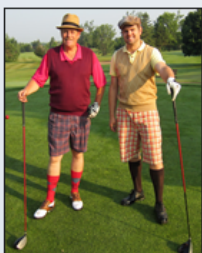


THURSDAY APRIL 16th, 2015

Location: Upstairs Hall, Napanee Legion (Mill Street)
Doors open at 6pm, Trivia begins at 7pm

\$20/person, Teams of 4
Trivia: Movies & Music to Sports & Local History
Something for **EVERYONE!**

Cash bar available. Light snacks provided.
Contact: Jamie (jamie@myfmradio.ca) or
Dave (dave.pinnelljr@century21.ca)
to register your team!



This "Fun Night of Trivia" will
launch
Dave and Jamie's campaign for the
LONGEST DAY OF GOLF 2015
in support of Hospice L&A

Wishes Do Come True...



**The Douglas Thompson Children's
Wish Fund - for children under
the age of 19 that have been
diagnosed with a life
threatening illness.**

Contact Kim for more information:
613-354-3301 ext 203 or
kim@landahospice.ca

Leave a Legacy: Reasons to Plan a Gift

Every day, people are supported and lives are enriched by the work of Hospice L&A.

Financial assistance is essential to support and sustain this support. Many people generously give their money, time and energy to Hospice L&A and are unaware that by leaving a gift in their will or estate plan to us, they can continue to help provide supportive palliative care and bereavement support to the community.

Choosing to leave a gift from the heart brings meaning, dignity and purpose to a life well lived. All of us at some point will support someone through a life-threatening illness or will suffer the loss of a loved one. Your gift is your opportunity to support the community services that Hospice Lennox and Addington provides long after you have gone.

We would like express our gratitude to the late Paula Winn. Paula was a dear friend of Hospice L&A. Her visits always left us with bright smiles and warm hearts. Paula continued her loyal support of Hospice services when she was planning her estate by including Hospice L&A in her will. We cannot express how appreciative we are for the generous gift Paula left us.



Donations:

Donations to and support of Hospice is greatly appreciated. Recent financial support was received from:

The Davies Charitable Foundation
Robert & Donna Armstrong
Judy Greer & Donald Woodiwiss
Barbara Delaney
Patricia Dafoe Insurance Agency Inc.
Woodcocks Automotive
Canadian Tire Gas Bar
Bath & District Lioness

Sandra Semple
Ed Caton
Erika Dilworth
Dr. David Smith
Dan Brady
Belleville Club 39
Beth Harris

Adolphustown United
Church Women
Quinwelch Mgt. Inc.
Jim & Peggy Sunstrum
Margaret & Delbert Baldwin
Bob & Wendy Brockmeyer
Victoria II Women's Institute
My Broadcasting Corp.

Thank you to those who donated in memory of:

Marguerite Murphy, Kale Murphy, Jim Clark, Paula Winn, Joyce Thompson, Lillian Cherry,
Percy Knight, Rita Wales, Robert Fairbairn and Sharon Magee-Smith

and everyone who supported the following events:

Hospice L&A's Memorial Bonspiel 2015
The Terry Wright Memorial Hockey Tournament.



Remembrance Column

Kale Murphy – March 23rd, 2006. Remembered by his parents Dan & Jane Murphy.

Marjorie Roantree – April 9th, 2010. Remembered by Janie & John Ryan & Family.

Ed Dunlop - April 23, 2005. Remembered by Maureen Harvey & Liza Blades.

Joyce Van Vlack- April 23, 2008. Remembered by the Van Vlack family.

Robert Clark- May 5, 2007. Remembered by wife Joyce McClelland.

Andrea Collins -May 14, 2003. Remembered by husband Barrie.

Betty Wintle- June 15, 2006. Remembered by husband Gerry.

Gerald Abbott- June 17, 2005. Remembered by Heather Atkins.

Dennis Brennan- June 24, 2001. Remembered by Darlene, Kurra & Krystal.

Joanne Mountford- June 26, 2000. Remembered by best friend Geri Sheedy.

Grant Badgley- June 19, 2011. Remembered by wife Elaine & family.

Rev. Des McGrath - July 19th 2009. Remembered by A. & N. Ryan and all fishermen world-wide.

Anita Kinghan - July 2nd 1993. Remembered by friend Peggy Sunstrum.

Violet Robinson - July 20th 2008. Remembered by granddaughter Cindy Crowson.

Michael Barrett- July 19, 1975. Remembered by sister Anne Roantree.

Harold McClelland - July 1, 1973. Remembered by Joyce & family.

Isabel Dean -July 30, 2004. Remembered by daughter Heather.

James Burns July 22, 1999. Remembered by daughter Dianne Dowling.

Dianne Readman July 31, 2010- remembered by Marie & Don Fairman & Family.





Remembrance Column Submission

Name: _____

Phone or Email: _____

____ I give permission to have my name and the name of my loved one printed in Hospice L&A's newsletter under *Remembrance Column*.

Signature: _____

Please feel free to photocopy if more space is needed.
Submissions can be mailed to or dropped off at our office.

Name of Loved One: _____

Relationship: _____

Remembered by: _____

Anniversary Date: _____

Making a Donation to Hospice Lennox and Addington

How to make a donation:

Online: Please visit www.canadahelps.org and search "Hospice Lennox and Addington"

Email: Make a secure donation online with interact e-transfer (please use *hospice* as the password). Send to info@landahospice.ca

Mail: We accept cheques made payable to Hospice Lennox and Addington at:

Box 531
Napanee, ON
K7R 3S5

Charitable No. 89098 5591 RR0001

Donations are tax deductible and receipts will be issued for donations over ten dollars.

I enclose a gift of (please circle): **\$500** **\$250** **\$100** or \$_____

Name: _____ Phone: _____

Address: _____
